



Please join us in creating this Tara Stupa mandala in Ibiza.

BENEFITS OF THE TARA STUPA

The people and all beings who live on the island, along with many tourists who visit will have an opportunity to use this Tara Stupa Mandala to create an accumulation of merit and connect with the spiritual path, creating strong karmic imprints of the Buddhadharma.

Buddha gave teachings on the many benefits of building a stupa:

Auspiciousness increases, and it decreases fighting, war, and the harming of others. It is a special place where Sangha can confess broken vows and samayas, which creates harmony. Whoever makes an offering to the relics of an enlightened being and those who create a Stupa, will attain enlightenment. Creating visualized or tangible offerings and whatever practice one offers, that person is temporarily free from fears and obstacles, and the ultimate benefit is enlightenment.

THE UNIQUE QUALITIES OF THE TARA STUPA

The Tara Stupa is very special and came into the world after Buddha passed away. The Buddha's relics were divided and dispersed to eight countries. Representing this, eight kinds of stupas were built. All eight are included within this Tara Stupa, as it contains many blessings and special objects that represent all eight stupas. Eight Buddhas are at the top of the central pillar of the Stupa, including Tara.

It is called the Tara Stupa because it has eight directions that are the same as the eight directions in the White Tara practice in which we visualize an eight spoked chakra spinning clockwise in the heart center. Thus, the Tara Stupa symbolizes White Tara's heart center.

